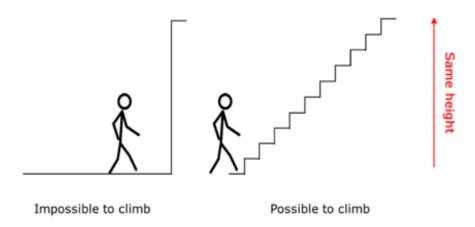
2. ATTENDANCE



Plan A Tips	Plan B Tips				
Your first step should fall somewhere between feeling achievable and challenging.	Identify a step-down option for each day if you're feeling overwhelmed				
The first step might be meeting with a wellbeing staff member or with a friend in the office if you don't feel ready to go to	Step down options could include reducing your hours of attendance at school, meeting with a wellbeing person instead of				
 the classroom For each step identify whether you feel comfortable attending 	going to the classroom, or attending In2School Identify a stretch option for each Plan B step that will help you				
full days or part days at school.	achieve your personal best.				



- Identify days/times/subjects you feel most comfortable to attend (check your timetable if it is available)
- Identify a stretch option for each day that will help you achieve your personal best
- Remember, when you aren't at school you will be expected to attend In2School (except Fridays).
- If you are unable to attend school during the first 5 weeks of term, you will need to attend the In2School classroom rather than staying home.

Week	Monday		Tuesday		Wednesday		Thursday		Friday	
	Plan A	Plan B	Plan A	Plan B	Plan A	Plan B	Plan A	Plan B	Plan A	Plan B
1										
	Stretch:	Stretch:	Stretch:	Stretch:	Stretch:	Stretch:	Stretch:	Stretch:	Stretch:	Stretch:
Actions	Follow absence steps and review Week 1 attendance on Friday									

